On Walnut Street, adjacent to the hustle and bustle of High Street in Downtown Morgantown is the sports bar, 4th and Goal. Thursdays and Sundays at the bar, bartender and West Virginia University graduate student Audrey Gunther can be found there.

In addition to being a bartender, Gunther, 22, is a graduate student studying sports management– she completed her undergraduate studies at WVU as well, manager at the WVU Student Rec Center, Assistant Director of the WVU D1 Hockey team, Hospitality Captain for the WVU Football team, and founder of the WVU chapter for Project Heal.

"I love being involved on campus and keeping busy," Gunther said.

She handles it with good planning and a lot of caffeine.

"I'm pretty good at time management and I know I have to work hard to have a career in sports," she said.

Gunther is involved in is Project Heal, an international nonprofit organization with local chapters that helps people who struggle with eating disorders and cannot afford treatment and promotes positive body image.

"Project Heal helped me a lot when I had an eating disorder, and I knew it could help WVU students too," she said.

"I was bulimic from 7th grade until my junior year of high school," Gunther said. "Nobody really noticed it until my anorexia really started the summer before 10th grade.

During this time, Gunther was training for her high school cross country team and lost 30 pounds.

"I loved how I felt starving," she said. "It's weird, but I felt really powerful."

While running that season, Gunther shattered her leg. At the hospital, doctors informed her that her body was deteriorating, and her parents put her into treatment.

"It was a huge wake up call. I was around 74 pounds and going into kidney failure when I was admitted into inpatient treatment in Rochester, New York," she said.

After a month and a half of treatment, she was released at a healthy weight. "I woke up one day and decided I wanted to get better for me, and fought hard to beat my E.D. ever since," Gunther said. The WVU chapter of Project Heal recently had a National Eating Disorder Association walk to raise funds for the organization. According to the Project Heal organizational website, Gunther helps to show people who are suffering that recovery is possible and worth it.

"I've always had the mindset that I was 17 when I beat my E.D., so why not help others live a healthy life like I am now?" Gunther said, "I know not everyone is in that position and it's incredibly humbling to be able to provide those struggling a sense of comfort and a place to go to if they need help."

The WVU chapter was founded this year. Gunther says the group has almost doubled in size since it first began.

"t's been a tough journey but with founding Project Heal I feel like it's come full circle," she said.

Adam Cruz, 21, is a WVU senior who has known Gunther since 2013. Gunther and Cruz were both freshman and lived Dadisman Hall that year.

"I met her in 2013 in Dadisman hall since we both lived there," Cruz said. "I knew the first time I met her, she was an interesting person. Very outgoing and a little wild."

Gunther and Cruz had classes together during their freshman year at WVU.

Gunther will finish her graduate program in May 2017. She has a few job interviews, but her dream job is to work with athletes and help them manage their nonprofits.

"I don't have anything set in stone yet," Gunther said. "I'm looking into entry level community relations positions with professional leagues and franchises now."

"I believe [Audrey] has grown as a person in one of the best ways," Cruz said. "Whenever I see her and see her accomplishments I'm pretty proud of how far she's come."